

# ANNUAL REPORT





We are immensely grateful for your trust, involvement, and passion for creating a healthier, healing Denver.



As we look back on our incredible journey over the past five years, our hearts are filled with appreciation for the Denver community. Because of your unwavering support, Caring for Denver has allocated more than \$142 million to 243 organizations and agencies dedicated to mental health and substance misuse needs in Denver. Each achievement speaks volumes about Denver's strength, unity, and collaborative spirit.

Our efforts have always centered on understanding and connecting with individuals right where they are. We're excited to highlight some of the milestones we've reached together:

- We have enhanced our community care systems, ensuring easier access to care and a better fit of care, in ways that honor and support place and identity.
- By expanding co-located services and boosting funding for essential <u>peer support programs</u>, we're striving for a more integrated and connected approach to care.
- Our commitment to <u>our unhoused community</u> has grown stronger, providing comprehensive mental health and substance misuse services with a \$2 million grant to the City and County of Denver.
- With programs like the Denver Health on-demand Crisis Response Teams, and Crisis Text Line, we're making significant strides in youth crisis intervention.

Inside this report, you'll discover more about the impact we've achieved together, experience inspiring stories from our grantees, and gain deeper insights into our community's collective efforts.

While we recognize there's still more to do, the progress we've achieved together fills us with hope and determination for what lies ahead.

From the bottom of our hearts,

thank you, Denver.

Lorez Meinhold Executive Director

Leslie Herod Board Chair

## **OUR STORY**

Caring for Denver was created by <u>City ordinance</u> to fund the purposes listed below:

- Mental health services and treatment for children and adults
- Opioid and substance misuse prevention, treatment, and recovery programs
- Housing and case management services to reduce homelessness, improve longterm recovery, and reduce the costly use of jails and emergency rooms for those

with mental health and substance misuse needs

- Suicide prevention programs
- Co-responder and alternative response program funding, and training on how to properly assess and handle people with mental health and/or substance misuse needs

These purposes are addressed through community-identified, Board-approved funding priorities: Alternatives to Jail, Community-Centered Solutions, and Youth.

Key Facts



Founded by and for Denver in 2019



Independent, non-profit foundation funded by sales tax dollars



Addresses Denver's mental health & substance misuse needs

We are committed to meeting the highest standards for the stewardship of taxpayer dollars.

Since its inception, Caring for Denver Foundation has approved 468 grants to 243 unique organizations totaling more than \$142 million.

## **2023 FUNDING SNAPSHOT**



Approved grants in 2023, including 118 grants to 107 unique organizations



\$14,874,746

ALTERNATIVES TO JAIL Prevent individuals from unnecessarily entering or re-entering the criminal legal system



\$11,480,195

COMMUNITY-CENTERED SOLUTIONS Prioritize cultural relevance and community collaboration and care



\$12,185,362

YOUTH Reduce youth crisis and increase youth's ability to manage life stressors



RESPONSIVE/ INNOVATIVE Build capacity and respond to emerging needs in our communities



Available grant funds are based on the previous year's tax revenue.

#### **2023 ADMINISTRATIVE EXPENSES**

We spend no more than 5% of sales tax revenues (collected in the same year) on administration. The 2023 administrative budget was \$2,402,430.





## Four-Year Grant Summary

Percent Awarded: 94%		
Total Unallocated	\$9,137,188	
Total Awarded/ Allocated*	\$151,685,125	
Total Sales Tax Received	\$160,822,313	
Sales Tax 2022	\$46,978,088	
Sales Tax 2021	\$42,380,085	
Sales Tax 2020	\$34,641,511	
Sales Tax 2019	\$36,822,629	

Alternatives to Jail	\$ 44,921,360
Community Centered Solutions & Care Provision	\$ 46,019,708
Youth	\$ 32,947,573
Innovative and Responsive	\$ 12,526,741
Facilities	\$ 7,146,414
Admin	\$ 8,121,329
Total	\$ 151,685,125



## Factors for Grant Selection

#### Caring for Denver prioritizes programs and/or services that:

- Align with Caring for Denver's mission, founding Ordinance
- Provide increased access to and use of supports that improve mental health and substance misuse challenges
- Engage the people being served as partners in the work
- Reach communities who have been impacted by trauma and inequitable access to resources and supports

- Are meaningful to the community, where they are, and in the forms that work for them as outlined in our <u>Shared</u> <u>Impact Plan</u>
- Engage more individuals in ongoing support that stays aligned with their needs, even as needs change
- Are driven by entities that are the "right" fit given the community context, shown through partnership

# Community is at the heart of everything we do.

We work closely with grantees and the community to learn how best to address our Shared Impact Goals of reducing substance misuse, improving or maintaining mental health, reducing entry or re-entry into the criminal legal system for those experiencing mental health and substance misuse challenges, and increasing equity in mental health and substance misuse outcomes.

To measure progress, we support grantees in reporting on Changes Needed that are meaningful to them *and* matter to the community.

Every year, each grantee focuses on up to three metrics to track and report on that demonstrate progress toward our shared impact goals and change areas. Learn more by viewing our <u>Shared Impact Plan.</u>



Key shifts the community said are important for achieving our shared impact goals.



**INCLUSIVE ACCESS** Care that resonates,

in places that feel comfortable, at times that work.



ATTENTION TO FIT Being understood, connected, and respected by those providing care.

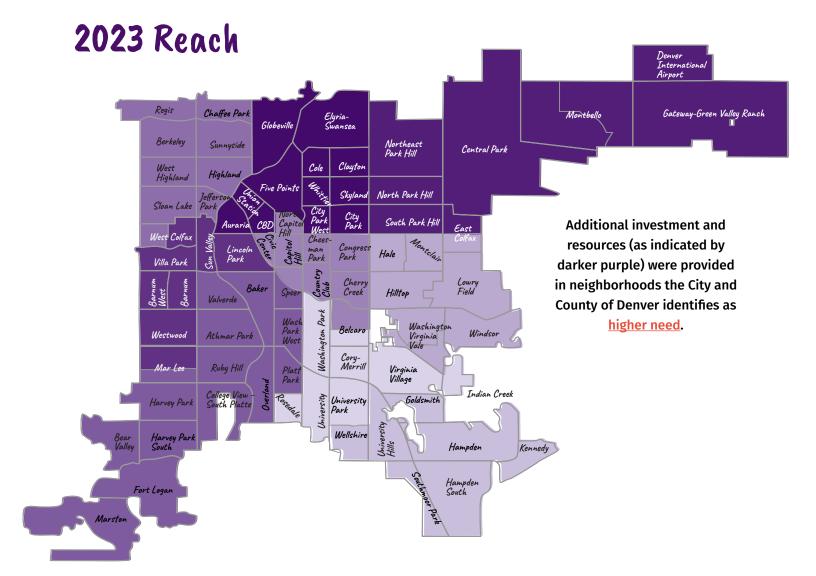


**CARE OVER TIME** Consistent, flexible care options throughout the healing journey.

"You took a group of people with lived experience and gave them a chance to have an impact. It's beyond words. We are committed to making a difference and you are helping us make a difference for this community."

Tribe Recovery Homes





#### Navigation & resource support

**39,449 Denverites** received navigation to and through typical clinical support services, including care management, peer support, and referrals to resources for additional needs.

## **Clinical & therapeutic care**

**9,395 Denverites** received care from a licensed professional in a residential, inpatient, or outpatient setting, including individual, family, and group therapy, or crisis intervention.

## Development & support for people providing care

2,157 people providing care participated in training, classes, and supervision to better support people with mental health and substance misuse needs.



#### **Community Care Programs**

**6,538 Denverites** engaged in groups and services intentionally addressing mental health and/or substance misuse recovery skills with others facing similar life experiences, traumas and triumphs.

**10,636 Denverites** engaged in creative and cultural-based programs in community that incorporate and address wellness and life skills.

Photo courtesy of Colorado Breakthrough Alliance

> "It's been a really cool journey to see some of the clients we're serving who have just experienced barrier after barrier of getting access to mental health services. Just the relief, and feedback that we're hearing from families about the access to our programming is really exciting."

Caring for Denver grantees **reached an additional 15,353 Denverites** with intentional communication and advocacy efforts related to mental health and substance misuse.

Grantees also reported an **indirect reach of 18,806 Denverites** that were influenced by someone that engaged in a type of care listed above.

- Joy As Resistance

## **Shared Impact** Goals

**Reduce substance** misuse (including maintained healthy relationship with substances)

77%

Improve or maintain mental health (including reduced harm to self and others)

**Reduce entry or** recidivism into the criminal legal system for those experiencing mental health and substance misuse challenges



Increase equity in mental health and substance misuse outcomes

Grantees reporting directly on Shared Impact Goals showed the following impact:

of Denverites assessed by grantees demonstrated or

relationship with substances that met criteria of the

reported reduced substance use or a maintained healthy

program.

76%

of Denverites assessed by grantees reported improved or maintained positive mental health.

91%

of Denverites assessed by grantees did not enter or return to the criminal legal system. Time frames for assessments of re-entry varied but ranged up to 12 months during and/or after use of services.

Mural by Josiah Lee Lopez and Ratha Sok

**Caring for Denver Foundation** 

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Caring for Denver grantees prioritized and reported on signals that show how their 2023 funded work contributed to improving Denver residents' mental health and substance misuse challenges.

Because of grantee efforts to create inclusive access:

- **8,517 Denverites** increased engagement or retention in supports
- **10,132 Denverites** increased their connections for help and support
- 3,052 Denverites increased skills or awareness for addressing mental health and substance misuse issues
- **2,082 Denverites** increased resilience and ability to cope with challenges

#### Because of grantee efforts to create better fit of care:

ATTENTION TO FIT Being understood, connected, and respected by those

providing care.

**INCLUSIVE ACCESS** 

in places that feel

comfortable, at

times that work.

Care that resonates.



- **4,877 Denverites** that haven't been traditionally seen or served got care
- **3,163 Denverites** reported Increased trust, satisfaction, comfort with care
- 281 Denverites reported reduced stigma
- **263 caregivers and providers** were more able to stay engaged in their role and/or feel valued and supported

#### Because of grantee efforts to strengthen care options:

**CARE OVER TIME** Consistent, flexible care options throughout the healing journey.



- 2,753 Denverites experienced increased options for crisis care and acute care needs
- **104 Denverites** experienced improved coordination of their care, particularly across types and levels of care
- **1,070 Denverites** were able to retain care through transitions in their care needs or circumstances
- 407 Denverites engaged in services that connected them with resources to support their ongoing wellbeing and stability in community

## **COMMUNITY STORIES**



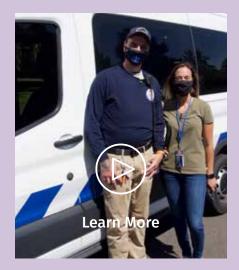
**Denver Dream Center** is a Colorado nonprofit and education facility that helps youth and their families in Denver's lowincome public housing communities rebuild their lives with mental health care and outreach. With Caring for Denver funding, they provide individual and family counseling, intensive substance use treatment, and case management services.

"There is a stigma out there that if you need to talk to somebody, you're not okay and that's just not true. People are just needing an extra layer of care."

**Karis Community** is a transitional residential facility offering a unique, supportive living opportunity for adults managing serious and persistent mental illness. Caring for Denver funded Karis Community's Empowerment Program, enabling adults recovering from serious and persistent mental illness to reduce their symptoms, improve relationships, and transition to independent living.

"Healing begins when you are able to talk openly and honestly about who you are in a safe space where you don't feel stigma or shame."



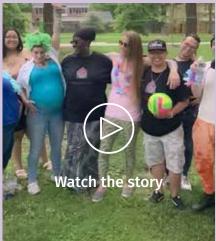


**Support Team Assisted Response (STAR)** provides clinical and community service connections in response to nonviolent 9-1-1 calls with a mobile unit that includes a mental health clinician and a paramedic. Caring for Denver funded the pilot and expansion of this program to support any person in Denver needing urgent help related to mental health distress, poverty, homelessness, substance misuse, resource needs, and more. The team can provide medical assessment/triage, crisis intervention, de-escalation, transportation, and resource connection for community members in need.

"When we see them [former STAR clients] when we're driving on the street, they'll wave. The positive outcome is just building connections with people and having been a resource that's positive for them."

**Caring for Denver Foundation** 

## **COMMUNITY STORIES**

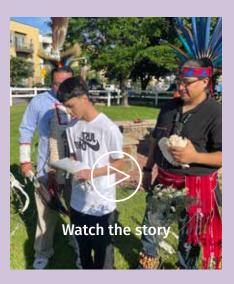


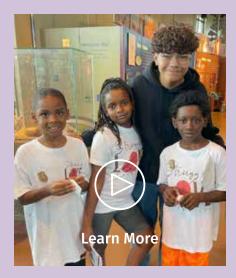
The Don't Look Back Center empowers socially and economically disadvantaged women inclusive of transwomen to break the cycle of addictive patterns and initiate change while developing life skills for restoration in all aspects of a woman's life. With Caring for Denver funding they are sustaining habilitation and outreach programs for those exiting incarceration or getting off the streets, and better supporting clients with co-occurring issues.

"It doesn't matter what state of mind you're in, what kind of physical state you are in, when you come here you are treated with respect and dignity."

**Denver Healing Generations** focuses on healing generational trauma with BIPOC youth and adults in safe spaces. Caring for Denver funds Project Calmecac, supporting youth in increasing their coping skills to either stay out of or successfully navigate juvenile legal system when they are already involved.

"Systemic racism was really affecting our youth and their ability to live their sacred purpose. So we started doing direct services in trauma-informed culturally rooted healing centers for youth."





For many years **Struggle of Love** has offered accessible hours, an open-door policy, and a variety of wellness programming, creating a sense of belonging and security for Montbello youth. With Caring for Denver funding, they added in-house clinical therapy with culturally matched therapists and counselors to support youth with mental health needs in real-time. These staff have also started a podcast to talk openly and informally about mental health and wellness topics as a way to break down stigma and normalize mental health.

"Because it's ongoing, they know they can come here, and there's going to be an adult here where they feel safe, and they can be vulnerable, and they can talk about those things."

# **ISSUE SPOTLIGHT: PEER SUPPORT**



#### **Elevating Community-Informed Solutions**

Caring for Denver is dedicated to listening to community needs and elevating community-informed solutions to transform the way mental health and substance misuse care is delivered in Denver.

The positive impact of having someone with lived experience who is trained to support people with mental health and substance misuse challenges has been widely researched and well-documented. Yet the peer support workforce is an emerging field.

In 2023 we hosted a <u>panel discussion</u> on supporting, training, and retaining a peer support workforce in Denver. It included a summary of findings and recommendations from a <u>recent report</u> completed by the City and County of Denver, and shared insights from the <u>Colorado Mental Wellness Network</u> and <u>Colorado</u> <u>Village Collaborative</u>, organizations training and employing peer support specialists.

Panelists covered several topics, including:

- Essential considerations for hiring peer supporters
- Key attributes of a successful program
- Practices for supporting and retaining a peer workforce

"People need to feel others are respecting them and their journeys and the trauma that they've had. And that's what peer supporters do. They hold space for people." - Colorado Mental Wellness Network



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## **ISSUE SPOTLIGHT: HOMELESSNESS**

It is critical to acknowledge and address the complex needs of people experiencing homelessness, or on the verge of it, so they can recover and thrive.

Chronic homelessness continues to be an important issue. In July, Mayor Johnston kicked off his House1000 plan by declaring a <u>state of emergency over</u> <u>homelessness</u> to speed up the procurement of critical services and initiate a coordinated citywide response to the crisis from the Denver Emergency Operations Center and Joint Information Center.

Experiences of homelessness and reasons leading to homelessness many times are rooted in trauma that can inhibit one's ability to resolve an episode of homelessness. Providing mental health and substance misuse support is a crucial tool to allow folks to increase their own stability and well-being.

Caring for Denver is supporting people experiencing homelessness in these ways:

 Funding organizations and ideas that promote stability and prevent homelessness.
 Several grantees assist people coming out of incarceration, serve foster youth, and provide culturally affirming care for historically marginalized populations — all of whom are at higher risk of becoming unhoused.

- Bringing mental health and substance misuse care to people experiencing homelessness. We support organizations providing care and connection to services in settings where services are provided to people experiencing homelessness like day shelters and Safe Outdoor Spaces, and through mobile vehicles.
- Making recovery and stability more likely. We prioritize and invest in peer support programs, a proven strategy to improve outcomes by providing care navigation by people who have lived through similar experiences. We fund care management services to help



in funding for 106 grants (since founding in 2019) that support unhoused community members

unhoused individuals connect to care in ways that work for them.

The stability of our unhoused neighbors including our newcomers also relies on other equally important factors – the right housing, financial security, physical health, employment, and other social supports. Caring for Denver collaborates with many on the front lines of addressing these needs, including:

- Mayor of Denver's Office
- City agencies -Department of Housing Stability (HOST), Department of Public Health and the Environment, Department of Human Services
- Denver Homeless
   Leadership Council –
   executives of some
   of the metro area's
   largest homeless service
   providers
- Community and business leaders and organizations

## **2023 STRATEGIC PLAN PROGRESS**











This section highlights some of the ways we advanced our organizational priorities in 2023 in alignment with our <u>strategic plan</u>.

#### COMMUNITY-AUTHORED AND DRIVEN

- Based on our citywide <u>2022 Community Check-In</u>, we sought and supported opportunities that:
  - Co-locate mental health, trauma, and substance misuse supports within existing social supports
  - ✓ Enhance community care systems, and
  - Foster more care options between stability and crisis.
- Staff participated in more than 80 conversations in the community to share information, lead or support collaborations, and build knowledge.
- We hosted three community events, engaging 231 community members to share about who we are funding, connect the recovery and healing community, and create space for emerging community solutions.
- More than 30 community members weighed in on the perceived strengths and challenges in grant applications.
- Community engagement rates across communications channels increased, with an audience growth rate of 30%.

## **PROMOTE EQUITY**

- We co-created individualized evaluation and learning plans with all of our grantees to ensure they had meaningful measures for their context that also align with our <u>Shared</u> <u>Impact Plan</u> goals.
- We recognize grantee expertise and compensate them for their time spent in required Foundation learning activities.
- Eighty-four diverse and community-based grantees have been provided capacity-building opportunities for professional support around programs and operations, communications, and evaluation to support their sustainability in community.
- Forty organizations received first-time grants, representing our expanded reach in more communities.

#### **DEMONSTRATE MEANINGFUL ACTION & LEARNING**

- We launched an <u>Awarded Grants</u> feature on our website making it possible for the public to search and filter all of our grants by funding area, date, and City Council district.
- Staff analyzed gaps in our current funding to identify areas that potentially need more focus and support.
- More than 90% of our communications content and media coverage is focused on sharing what we've funded and our impact in the community.
- We published a <u>Youth Learning & Impact Brief</u> which shares grantee insights and overall impact in the community.

#### ESTABLISH ORGANIZATIONAL INTEGRITY & STEWARDSHIP

- Our internal and external grants management audits show 100% compliance with operational processes and procedures.
- Our 2023 financial statements and internal controls were audited by an independent certified public accounting firm and no significant deficiencies were found.
- We have followed all provisions related to the ordinance, contract, formal auditor, and Denver Auditor.









## WHO WE ARE

Our Team

Lorez Meinhold Executive Director

Akila Copeland Program Officer

Albani Berryhill Communications Partner

Haley Sammen Lead Evaluation and Learning Partner

Hillie Teller Evaluation and Learning Partner

Jacquie Esquibel Program Officer

Juan Escobedo Program Officer

Kindle Morell Director of Communications

Marci Hladik Director of Operations

Raymael Blackwell Senior Program Officer

Rebecca Ochtera Director of Evaluation and Learning

Sydney Chaves Evaluation and Learning Partner

Tim Cortez Program Officer

Tish Gonzales Grants and Operations Manager Our Board

Caring for Denver Foundation is integrated with and accountable to stakeholders across Denver with oversight from 13 Board members appointed by the Mayor, District Attorney, and City Council President.

Leslie Herod State Representative Board Chair Appointed by the District Attorney

Christina Carlson Urban Peak Board Vice Chair Appointed by City Council

Carl Clark WellPower Board Treasurer Appointed by the Mayor

Dellena Aguilar Licensed Clinical Psychologist, Behavioral Health Provider Board Secretary Appointed by City Council

Kerry Tipper Denver City Attorney Appointed by the Mayor

Keith Hayes 5280 High School Appointed by City Council **Regina Huerter Policy Research Associates** *Appointed by the District Attorney* 

Frank Locantore Colfax Ave Business Improvement District Appointed by City Council

**Donna Lynne Denver Health** *Appointed by the Mayor* 

Beth McCann Denver District Attorney Appointed by the Mayor

Jesse Ogas 9News Appointed by City Council

Anne-Marie Braga Denver Department of Human Services Appointed by the Mayor

Tristan Sanders Denver Department of Public Health & Environment Appointed by the Mayor

We acknowledge the contributions of colleagues who left the Foundation during 2023, including Board members Kristin Bronson and Alan Salazar.

## **GRANTS LIST**

Our <u>founding ordinance</u> requires that the annual report include a grants list and a board list for each grantee. The board lists can be found in our <u>online appendix</u>.

Caring for Denver was created by <u>City ordinance</u> to fund the purposes listed below. These purposes are addressed through community-identified, Board-approved <u>funding priorities</u>: Alternatives to Jail, Community-Centered Solutions, and Youth. The list on the following pages shows grantees by funding priority with their funding amounts, proposed impacts, and ordinance objectives addressed (identified by the icons below).



Mental health services and treatment for children and adults

Opioid and substance misuse prevention, treatment, and recovery programs

Housing and case management services to reduce homelessness, improve long-term recovery, and reduce the costly use of jails and emergency rooms for those with mental health and substance misuse needs

Suicide prevention programs

Funding to the City of Denver for coresponder and alternative response programs, along with training on how to properly assess people with mental health and/or substance misuse needs

100% of funded projects address

at least one purpose identified in the Foundation's ordinance.

A majority of grants address multiple ordinance purposes.



#### PERCENTAGE OF GRANT DOLLARS BY ORDINANCE PURPOSE



Caring for Denver Foundation

## ALTERNATIVES TO JAIL



#### **Brain Injury Alliance of Colorado**

\$1,219,841 over 3 years to expand the partnership with Denver specialty courts to support brain injury survivors. This organization will provide brain injury screenings, psycho-education courses, specialized addiction counseling, and re-entry support.

**Intended Impact Goals:** 

- Improve or maintain mental health (including reduced harm to self and others)
- Reduce entry into the criminal legal system for those experiencing mental health and substance misuse challenges
- Reduce recidivism into the criminal legal system for those experiencing mental health and substance misuse challenges

#### Breakthrough Alliance of Colorado Inc.

\$194,380 over 2 years to serve formerly incarcerated or recovering individuals in the Denver area through direct support utilizing trained health professional(s), resource navigation, and combined informational workshops to further bridge the barriers within the re-entry/recovery community.

Intended Impact Goals:

- Reduce substance misuse (including maintained healthy relationship with substances)
- Improve or maintain mental health (including reduced harm to self and others)
- Reduce recidivism into the criminal legal system for those experiencing mental health and substance misuse challenges



#### **Brink Literacy Project**

\$201,617 over 1 year for creative writing and storytelling workshops to address negative personal narratives and improve the mental health and substance misuse struggles faced by people at risk of, currently involved in, and exiting the jail system.

- Improve or maintain mental health (including reduced harm to self and others)
- Reduce entry into the criminal legal system for those experiencing mental health and substance misuse challenges



#### The Center for Trauma & Resilience

\$816,050 over 2 years to provide trauma-informed care for women who are formerly incarcerated. This project provides mental health and substance misuse treatment to lessen interactions with the criminal legal system, as well as support the recovery and re-entry of women housed at Project: Elevate.

Intended Impact Goals:

- Improve or maintain mental health (including reduced harm to self and others)
- Reduce recidivism into the criminal legal system for those experiencing mental health and substance misuse challenges

#### **City and County of Denver - Denver Police Department**

\$2,772,032 over 1 year to continue the existing co-responder program in place to provide 24/7 coverage to areas of highest need with a team of clinicians, case managers, program evaluator, a Denver Police Department case manager supervisor, and a program manager.

**Intended Impact Goals:** 

• Reduce recidivism into the criminal legal system for those experiencing mental health and substance misuse challenges

#### **City and County of Denver - Department of Public Health & Environment**

\$698,019 over 1 year to increase the number of STAR-eligible calls responded to by increasing the number of EMT/behavioral health clinician teams and to increase the effectiveness of the engagements with people in need by providing linkages to short-term assistance and long-term follow-up care.

**Intended Impact Goals:** 

• Reduce entry into the criminal legal system for those experiencing mental health and substance misuse challenges



#### **City and County of Denver - Department of Public Health & Environment**

\$281,328 over 2 years to expand the Substance Use Navigation program team to have greater outreach capacity, resulting in a greater number of people experiencing houselessness receiving substance misuse services and avoiding further criminal legal system involvement.

- Reduce substance misuse (including maintained healthy relationship with substances)
- Reduce entry into the criminal legal system for those experiencing mental health and substance misuse challenges



#### City and County of Denver - Department of Public Safety

\$1,533,685 over 2 years to utilize community and systems collaborative strategies to address mental health and substance use harms for those disproportionately impacted and challenged by mental health and substance misuse prior to and post-incarceration--BI-POC women and anyone who identifies as a woman.

Intended Impact Goals:

- Reduce substance misuse (including maintained healthy relationship with substances)
- Improve or maintain mental health (including reduced harm to self and others)
- Reduce entry into the criminal legal system for those experiencing mental health and substance misuse challenges

#### City and County of Denver - Mayor's Office

\$2,000,000 over 1 year to contract behavioral health and substance misuse services to support people coming from encampments on their journey to permanent housing.

Intended Impact Goals:

- Reduce substance misuse (including maintained healthy relationship with substances)
- Improve or maintain mental health (including reduced harm to self and others)



#### **Colorado Juvenile Defender Center**

\$90,750 over 1 year for this project--led by experienced mental health providers with court advocacy expertise-- aiming to work with schools to identify students at risk of or currently facing criminal legal system involvement. Providers will offer therapy, advocacy, and support in navigating education and beyond.

Intended Impact Goals:

- Improve or maintain mental health (including reduced harm to self and others)
- Reduce entry into the criminal legal system for those experiencing mental health and substance misuse challenges
- Reduce recidivism into the criminal legal system for those experiencing mental health and substance misuse challenges



#### Colorado Music Bridge

\$5,250 over 1 year to teach youth detention-specific, trauma-informed musical exercises proven to help regulate attention and emotional states, while expressing themselves and collaborating, and developing critical social-emotional skills necessary for overcoming trauma and actualizing positive futures.

Intended Impact Goals:

• Improve or maintain mental health (including reduced harm to self and others)



#### **Denver Healing Generations**

\$204,700 over 2 years to provide safe spaces for BIPOC youth to work through and heal from the various traumas they have experienced and increase their resilience and coping skills to either stay out of and/or successfully navigate juvenile criminal system when they are already involved.

Intended Impact Goals:

- Reduce substance misuse (including maintained healthy relationship with substances)
- Improve or maintain mental health (including reduced harm to self and others)
- Reduce entry into the criminal legal system for those experiencing mental health and substance misuse challenges
- Reduce recidivism into the criminal legal system for those experiencing mental health and substance misuse challenges



#### Fully Liberated Youth

\$883,750 over 3 years to provide system-involved young people throughout the City and County of Denver with the mental health, healing-centered, and substance-use supports and services they need to re-enter the community and/or prevent further incarceration.

**Intended Impact Goals:** 

- Reduce substance misuse (including maintained healthy relationship with substances)
- Improve or maintain mental health (including reduced harm to self and others)
- Reduce recidivism into the criminal legal system for those experiencing mental health and substance misuse challenges

#### Hazelbrook Community Center (fiscal sponsor The Hadanou Collective)

\$1,389,761 over 1 year for the Transitional Safety Zone Program, a recovery housing peer support model bridging people from early sobriety to sober living environments with a focus on criminal legal system diversion.

- Reduce substance misuse (including maintained healthy relationship with substances)
- Reduce entry into the criminal legal system for those experiencing mental health and substance misuse challenges



#### Mental Health Colorado

\$349,326 over 1 year for the SAFER program, which disentangles homeless, high-risk of or justice-involved individuals, with unmet mental health/co-occurring disorders from the criminal legal system by providing onsite clinical and case management services, peer support, and adjunct therapies.

Intended Impact Goals:

- Improve or maintain mental health (including reduced harm to self and others)
- Reduce recidivism into the criminal legal system for those experiencing mental health and substance misuse challenges

#### **Mirror Image Arts**

\$178,001 over 2 years to deepen the partnership with Third Way Center through restorative theatre programming that uses interactive theatre to build trust and social-emotional skills, and address trauma with young people transitioning out of incarceration, foster care, and/or homelessness.

**Intended Impact Goals:** 

- Improve or maintain mental health (including reduced harm to self and others)
- Reduce recidivism into the criminal legal system for those experiencing mental health and substance misuse challenges



#### My Father's House

\$254,258 over 2 years to address issues of mental health and recidivism by implementing a methodology based on the principle "the value of the human person." Funding will be utilized to adapt and implement a transformative model that is proven to enhance mental well-being and reduce recidivism.

- Reduce substance misuse (including maintained healthy relationship with substances)
- Improve or maintain mental health (including reduced harm to self and others)
- Reduce recidivism into the criminal legal system for those experiencing mental health and substance misuse challenges



The NXT Chapter Foundation INC (fiscal sponsor Colorado Nonprofit Development Center)

\$178,658 over 1 year to provide 8-week Wellness Recovery Action Plan (WRAP) support and 6-week substance misuse support programming, and case management for clients referred by Denver Parole Office and Denver Women's Correctional Facility.

Intended Impact Goals:

- Reduce substance misuse (including maintained healthy relationship with substances)
- Reduce recidivism into the criminal legal system for those experiencing mental health and substance misuse challenges



#### The Road Called STRATE

\$146,874 over 1 year to provide screening and referral services for justice-involved youth suspected of having traumatic brain injuries and subsequently connect them to appropriate mental health counseling services in the City and County of Denver.

**Intended Impact Goals:** 

• Reduce recidivism into the criminal legal system for those experiencing mental health and substance misuse challenges



#### Second Chance Center, Inc.

\$583,884 over 3 years to offer formerly incarcerated individuals the care options they choose to address their mental health and substance misuse needs in a trusted environment where professional therapy is integrated with peer mentoring and access to housing, employment, and basic needs.

**Intended Impact Goals:** 

- Improve or maintain mental health (including reduced harm to self and others)
- Reduce recidivism into the criminal legal system for those experiencing mental health and substance misuse challenges



#### Sidewalk Poets (fiscal sponsor Colorado Nonprofit Development Center)

\$106,653 over 2 years to provide mental-health-oriented, trauma-informed creative writing and storytelling workshops to participants in Denver's Problem Solving Courts (DI-VERT, RESTART, and VTC).

- Improve or maintain mental health (including reduced harm to self and others)
- Reduce entry into the criminal legal system for those experiencing mental health and substance misuse challenges
- Reduce recidivism into the criminal legal system for those experiencing mental health and substance misuse challenges

#### SOAR

\$571,581 over 2 years for the RISE program, utilizing experiential-based therapy and therapeutic support, as a change agent in addressing trauma, building positive self-esteem, providing safe outlets of expression, and increasing positive peer interactions.

Intended Impact Goals:

- Improve or maintain mental health (including reduced harm to self and others)
- Reduce recidivism into the criminal legal system for those experiencing mental health and substance misuse challenges



#### **Stout Street Foundation**

\$214,348 over 2 years to enhance substance treatment aftercare programming with case management and resource navigation for Denver residents in recovery in order to successfully transition into community while maintaining recovery.

- Reduce substance misuse (including maintained healthy relationship with substances)
- Reduce recidivism into the criminal legal system for those experiencing mental health and substance misuse challenges

## COMMUNITY-CENTERED SOLUTIONS



#### **Archway Communities**

\$185,775 over 2 years to continue programming for the Critical Time Intervention model.

Intended Impact Goals:

- Reduce substance misuse (including maintained healthy relationship with substances)
- Improve or maintain mental health (including reduced harm to self and others)
- Increase equity in mental health and substance misuse outcomes



#### **Ardent Grove Foundation**

\$187,502 over 2 years to increase access to care by providing more opportunities for individuals to engage in individual therapy, and to expand the work of the trauma-informed therapy clinic including assessments to individuals who otherwise do not have the means for these evaluations.

Intended Impact Goals:

- Improve or maintain mental health (including reduced harm to self and others)
- Increase equity in mental health and substance misuse outcomes



#### Aurora Mental Health and Recovery

\$282,399 over 2 years to Increase access to culturally and linguistically responsive health navigation services for the diverse refugee and immigrant communities of Denver including behavioral health screenings, behavioral health navigation, and case management to improve equity in mental health.

**Intended Impact Goals:** 

- Improve or maintain mental health (including reduced harm to self and others)
- Increase equity in mental health and substance misuse outcomes



#### Catholic Charities and Community Services of the Archdiocese of Denver, Inc.

\$367,869 over 2 years to operate an evidence-based, best practice behavioral health program within Samaritan House to clinically address behavioral/mental health and substance misuse issues among unhoused participants, who are furthest from opportunity.

Intended Impact Goals:

• Improve or maintain mental health (including reduced harm to self and others)



#### City and County of Denver - Department of Public Health & Environment

\$274,397 over 2 years to improve community outcomes by hiring a full-time employee to work across City and County of Denver agencies to further support the hiring and retention of a peer support workforce, which plays a critical role in providing emotional support, recovery resources, and system navigation.

Intended Impact Goals:

- Reduce substance misuse (including maintained healthy relationship with substances)
- Improve or maintain mental health (including reduced harm to self and others)
- Increase equity in mental health and substance misuse outcomes



#### **Colorado Artists in Recovery**

\$304,847 over 2 years to sustain and extend this organization's existing programs that provide arts classes for adults in recovery, including specific outreach to and expansion into Hispanic, BIPOC, and LGBTQ+ communities in Denver.

Intended Impact Goals:

- Reduce substance misuse (including maintained healthy relationship with substances)
- Improve or maintain mental health (including reduced harm to self and others)



#### **Colorado Black Health Collaborative**

\$96,723 over 1 year to provide mental health education, tools, resources, and peer support to Denver operators (barbers and stylists) who serve the Black Community. Operators are trusted members of the Black community who provide a trusted space where their clients often share mental health challenges.

- Reduce substance misuse (including maintained healthy relationship with substances)
- Improve or maintain mental health (including reduced harm to self and others)



#### **Community Economic Defense Project**

\$214,094 over 2 years for a Wellness Recovery Navigator to enhance the services of those experiencing housing instability and/or homelessness—enrolled in this organization's case management program—to recover from trauma, substance misuse, and other mental health challenges.

Intended Impact Goals:

- Reduce substance misuse (including maintained healthy relationship with substances)
- Improve or maintain mental health (including reduced harm to self and others)

#### **Community Outreach Service Center Inc**

\$331,075 over 2 years to provide peer support and train new peer supporters to foster clients working together to build a better community through the five Pillars, Housing, Employment, Basic Needs, Peer-to-Peer Support, and Community Wealth, creating a pathway to emotional wellbeing.

**Intended Impact Goals:** 

- Reduce substance misuse (including maintained healthy relationship with substances)
- Improve or maintain mental health (including reduced harm to self and others)
- Reduce entry into the criminal legal system for those experiencing mental health and substance misuse challenges



**Conectoras de Montbello (fiscal sponsor Latino Community Foundation of Colorado)** \$129,811 over 1 year to bring no-cost mental health and substance misuse programming and therapeutic services to older adults in Montbello. Topics will be informed by participants' needs and interests as well as data collected.

Intended Impact Goals:

• Improve or maintain mental health (including reduced harm to self and others)



#### **Culinary Hospitality Outreach and Wellness Inc**

\$78,650 over 1 year to expand resources for behavioral health navigation, increase access to community-based mental health care, and deepen community-based educational partnerships.

- Reduce substance misuse (including maintained healthy relationship with substances)
- Improve or maintain mental health (including reduced harm to self and others)



#### **Denver Children's Advocacy Center**

\$489,223 over 2 years to expand programming into additional Denver communities. In addition to maintaining its successful partnership with Re:Vision, the organization aims to expand efforts to train local resident leaders to cultivate meaningful relationships and connect families to mental health support.

Intended Impact Goals:

- Improve or maintain mental health (including reduced harm to self and others)
- Increase equity in mental health and substance misuse outcomes



#### **Denver Family Institute**

\$58,750 over 1 year to build on the early success of this organization's Resource Navigation program that provides immediate relief and mental health support to families, couples, and individuals in the Denver community.

Intended Impact Goals:

• Improve or maintain mental health (including reduced harm to self and others)



#### **Denver Health Foundation**

\$2,993,353 over 1 year for Transforming Health by Reducing Inequities for the Vulnerable (THRIVE), expanding behavioral health care coordination services at Denver Health to improve treatment accessibility--particularly for high-risk youth, patients experiencing homelessness, and justice-involved individuals.

Intended Impact Goals:

- Reduce substance misuse (including maintained healthy relationship with substances)
- Improve or maintain mental health (including reduced harm to self and others)
- Reduce entry into the criminal legal system for those experiencing mental health and substance misuse challenges
- Reduce recidivism into the criminal legal system for those experiencing mental health and substance misuse challenges



#### Face It Together Inc

\$191,983 over 2 years to provide peer coaching to people who reside in the City and County of Denver, with a focus on reaching the LGBTQIA+ community. Together with partners, this organization will wrap individuals in the care and resources they need to get well.

- Reduce substance misuse (including maintained healthy relationship with substances)
- Increase equity in mental health and substance misuse outcomes



#### **Friends of Denver Housing Authority**

\$233,268 over 2 years to offer group therapy activities in art, music, and other expressive modalities, creatively breaking down long-held resistance to one-on-one mental health counseling by rethinking the paradigm of mental health services for low-income older adults living in low-income housing.

Intended Impact Goals:

- Improve or maintain mental health (including reduced harm to self and others)
- Increase equity in mental health and substance misuse outcomes



#### **The Gathering Place**

\$326,418 over 2 years to advance behavioral health equity by delivering low-barrier and trauma-informed navigation, recovery planning, and recovery-focused groups to eliminate barriers to behavioral health care for women, transgender, and non-binary people experiencing poverty and homelessness.

Intended Impact Goals:

- Improve or maintain mental health (including reduced harm to self and others)
- Increase equity in mental health and substance misuse outcomes



#### Heartland Mental Health

\$278,923 over 2 years to maintain and grow this organization's ability to support adults in Denver actively seeking recovery from serious mental illness through its member-led drop-in center, Heartland Clinic, support groups and group activities, peer specialist engagement, and expanded outreach.

Intended Impact Goals:

• Improve or maintain mental health (including reduced harm to self and others)



#### **Housed Working and Healthy**

\$223,412 over 1 year to expand this organization's mental health and substance misuse care by onboarding mental health specialists to expand and enhance programming.

- Reduce substance misuse (including maintained healthy relationship with substances)
- Improve or maintain mental health (including reduced harm to self and others)



#### Jewish Family Service of Colorado

\$339,752 over 2 years to strengthen the Mental Health Services department by hiring a full-time Psychiatric Mental Health Nurse Practitioner, providing both current and new medication-only clients with access to essential psychiatric medication support to achieve emotional wellness and stability.

Intended Impact Goals:

• Improve or maintain mental health (including reduced harm to self and others)



#### Khesed

\$547,293 over 2 years for the recruitment and support of BIPOC-specialized therapists to provide culturally competent care to people with limited access to affordable care.

Intended Impact Goals:

- Improve or maintain mental health (including reduced harm to self and others)
- Increase equity in mental health and substance misuse outcomes



#### Latino Cultural Arts Center

\$154,170 over 1 year for the expansion of Ofrendas (a celebration of Meso-American altar traditions) into a year-long program honoring our ancestors through raising awareness about mental wellness, multi-generational healing, and intercultural resilience through co-creation with local and international artisans.

**Intended Impact Goals:** 

• Improve or maintain mental health (including reduced harm to self and others)



#### Latinx Therapist Project (fiscal sponsor Colorado Nonprofit Development Center)

\$280,218 over 2 years to foster a long-term increase in access to mental health and substance abuse care for Latinx individuals in Denver by creating a strong workforce development infrastructure focusing on recruitment of Latinx individuals into therapy fields, funding advocacy, educational, and employer initiatives.

- Improve or maintain mental health (including reduced harm to self and others)
- Increase equity in mental health and substance misuse outcomes



#### Para ti Mujer (fiscal sponsor Latino Coalition for Community Leadership)

\$633,601 over 2 years to strengthen and expand accessible recovery-based trauma and supportive peer mentoring programs, increase access to in-house provisions of mental health care, case management, and resource navigation to Denver Latina mothers and families.

Intended Impact Goals:

- Improve or maintain mental health (including reduced harm to self and others)
- Increase equity in mental health and substance misuse outcomes

#### **Providence Network**

\$306,400 over 2 years for a two-year program of transitional housing and wraparound services leveraging both clinical and peer support to alleviate substance misuse and improve mental health outcomes of residents. Graduates are provided ongoing resources to help ensure long-term stability.

Intended Impact Goals:

- Reduce substance misuse (including maintained healthy relationship with substances)
- Improve or maintain mental health (including reduced harm to self and others)

#### Rocky Mountain Human Services

\$562,519 over 2 years to add full-time peer support specialists and support a supervisor for this organization's Homes for All Veterans program to provide high-quality care to address substance use and mental health challenges.

Intended Impact Goals:

- Reduce substance misuse (including maintained healthy relationship with substances)
- Improve or maintain mental health (including reduced harm to self and others)



#### Rocky Mountain Immigrant Advocacy Network

\$229,671 over 2 years to provide mental health wrap-around services to immigrants receiving legal representation, with focused attention on those with behavioral health challenges, mental disabilities, substance misuse challenges, or other realities that make being detained and community settlement especially difficult.

- Improve or maintain mental health (including reduced harm to self and others)
- Increase equity in mental health and substance misuse outcomes



#### Rooted 303

\$140,488 over 2 years for the recruitment, training, coaching, and retention of a full-time peer coach to provide individualized and group support for City and County of Denver residents impacted by substance use disorder and are ready to reclaim and rebuild their lives.

Intended Impact Goals:

• Reduce substance misuse (including maintained healthy relationship with substances)



#### **Rose Andom Center**

\$383,801 over 1 year to continue to improve and grow access to services available for survivors to address their mental health or substance use concerns by strengthening partnerships, continually improving the referral process, and addressing barriers for clients.

Intended Impact Goals:

- Reduce substance misuse (including maintained healthy relationship with substances)
- Improve or maintain mental health (including reduced harm to self and others)



#### Step Denver

\$270,000 over 2 years to employ peers for a residential peer recovery program built on the principles of sobriety, work, accountability, and community. Staff with lived experience help men achieve long-term recovery, repair family relationships, build stability, and get their life back.

Intended Impact Goals:

• Reduce substance misuse (including maintained healthy relationship with substances)



#### Su Teatro Cultural and Performing Arts Center

\$166,500 over 2 years for Drama v. Trauma, using artistic productions and Chicano, Latinx and indigenous cultural resources and therapeutic partnerships to interrupt generational trauma and stimulate community healing.

Intended Impact Goals:

• Improve or maintain mental health (including reduced harm to self and others)



#### Think 360 Arts for Learning

\$55,250 over 1 year to increase access to community-focused mental health supports for older adults through high-caliber arts engagement. The program inspires creativity, increases social connection, and improves mental well-being.

Intended Impact Goals:

• Improve or maintain mental health (including reduced harm to self and others)



#### Voluntad

\$162,060 over 2 years to provide clinical and non-clinical behavioral health services to survivors of human trafficking in the City and County of Denver.

Intended Impact Goals:

- Reduce substance misuse (including maintained healthy relationship with substances)
- Improve or maintain mental health (including reduced harm to self and others)
- Increase equity in mental health and substance misuse outcomes

## YOUTH



#### 5280 High School

\$100,230 over 1 year for an after-school and weekend recovery program designed to serve the most at-risk students at 5280 High School and the surrounding area. It will provide the support youth need to be able to get traction from old habits and establish new patterns of living and new peer groups.

- Reduce substance misuse (including maintained healthy relationship with substances)
- Improve or maintain mental health (including reduced harm to self and others)
- Reduce entry into the criminal legal system for those experiencing mental health and substance misuse challenges
- Reduce recidivism into the criminal legal system for those experiencing mental health and substance misuse challenges



#### **Boys & Girls Clubs Metro Denver**

\$360,091 over 3 years for the Mental Health Program, which provides a team of professionals who implement preventative interventions and weave social-emotional learning into all activities, building a foundation for mental well-being.

Intended Impact Goals:

• Improve or maintain mental health (including reduced harm to self and others)



#### **Cleo Parker Robinson Dance**

\$312,675 over 2 years to integrate a trauma-informed, therapeutic arts-based approach into this organization's internship program delivered in partnership with the Farley Health Policy Center.

Intended Impact Goals:

• Improve or maintain mental health (including reduced harm to self and others)

#### Colorado Postpartum Support International (fiscal sponsor Postpartum Support International)

\$200,245 over 1 year for The Birth Squad, a community-based, bilingual perinatal mental health intervention that serves as an immediate entry point into supportive care for mothers and birthers, focusing on affinity spaces for Black and Latinx mothers, bridging the divide between mental health systems and the community.

**Intended Impact Goals:** 

• Improve or maintain mental health (including reduced harm to self and others)

#### Commún (fiscal sponsor The Barton Institute)

\$255,439 over 2 years for the delivery of community-directed case management that increases access to trauma resources and support for youth and their families in order to increase access to mental health supports and reduce mental health challenges in Southwest Denver youth.

Intended Impact Goals:

• Improve or maintain mental health (including reduced harm to self and others)



#### Denver Center for 21st Century Learning (DC21)

\$914,502 over 3 years to increase access to professional and diverse mental health providers, increase capacity to provide culturally relevant and trauma-informed mental health services to BIPOC students, and create systems that support students in developing a restorative approach.

Intended Impact Goals:

- Reduce substance misuse (including maintained healthy relationship with substances)
- Improve or maintain mental health (including reduced harm to self and others)



#### **Denver Family Institute**

\$238,494 over 2 years for the implementation of a program to increase access to strengthbased and client-centered care for Denver's youth, and to shape the field of mental health to be more inclusive and affirming of LGBTQ+ youth and their families.

Intended Impact Goals:

• Improve or maintain mental health (including reduced harm to self and others)



#### **Denver Scholarship Foundation**

\$226,929 over 2 years to provide targeted and trauma-informed mental health and social-emotional curriculum to a caseload of 9th through 11th grade BIPOC and/or low-income students with the goal of improving mental health and youth resiliency. Support to DSF Advisors serving as youth allies will also be provided.

Intended Impact Goals:

• Improve or maintain mental health (including reduced harm to self and others)



#### **Developmental FX**

\$429,179 over 3 years for the expansion of mental health support offered to youth and to provide training and support for staff so that they will be able to better identify and address the mental health needs of the children, families, and early childhood educators served.

- Improve or maintain mental health (including reduced harm to self and others)
- Increase equity in mental health and substance misuse outcomes



### **Dream Center Denver**

\$447,239 over 2 years to improve the well-being of youth and their families in Denver's low-income public housing communities by providing community-based mental health and substance misuse supports, which include individual and family counseling, intensive substance use treatment, and case management services.

Intended Impact Goals:

- Reduce substance misuse (including maintained healthy relationship with substances)
- Improve or maintain mental health (including reduced harm to self and others)



### **DSST Public Schools Foundation**

\$368,850 over 3 years to empower youth to build peer support networks, address personal and communal traumas, and improve their mental health and emotional resilience. This organization is youth-led with DSST Public Schools students (ages 12-19) facilitating programs alongside East Denver youth (ages 16-25).

Intended Impact Goals:

• Improve or maintain mental health (including reduced harm to self and others)



### **Firefly Autism**

\$620,600 over 2 years to expand mental health therapy approaches in applied behavior analysis workforce training and to provide mental health therapy for youth with autism or parents whose mental health needs exceed what can be managed through the Acceptance and Commitment Training intervention.

Intended Impact Goals:

- Improve or maintain mental health (including reduced harm to self and others)
- Increase equity in mental health and substance misuse outcomes

### From the Heart Enterprises (fiscal sponsor The Hadanou Collective)

\$141,970 over 1 year to offer group and individual supports for youth that will address substance and mental/behavioral health issues. Youth and their families will be engaged utilizing components of Habilitation Empowerment Accountability Therapy, Wellness Recovery Action Plan, and Youth Mental Health First Aid.

Intended Impact Goals:

### **GALS Denver**

\$314,605 over 3 years to provide free mental health services to youth during school. By incorporating tiered mental health services for students directly related to their needs through the Collaborative Student Prosperity team, this organization supports student engagement, health, and academic success.

Intended Impact Goals:

- Reduce substance misuse (including maintained healthy relationship with substances)
- Improve or maintain mental health (including reduced harm to self and others)
- Increase equity in mental health and substance misuse outcomes

### Hands to The Future

\$193,500 over 3 years for a mental health coordinator who will provide mental health therapy and coordinate mental health education to address mental health challenges that prevent immigrants and refugees from completing their education.

Intended Impact Goals:

- Improve or maintain mental health (including reduced harm to self and others)
- Increase equity in mental health and substance misuse outcomes



### Judi's House/JAG Institute

\$55,750 over 2 years for grief workshops tailored to developmental levels of youth in grades 1-12, in-person peer-based grief counseling for middle school youth, grief-focused training for school personnel, and virtual workshops for adults caring for a grieving child.

**Intended Impact Goals:** 

• Improve or maintain mental health (including reduced harm to self and others)



### **Kids Above Everything**

\$240,500 over 2 years for an after school and summer program engaging youth in out-ofschool time spaces and providing mental health and trauma supports to prevent youth violence for black youth (ages 6-24).

Intended Impact Goals:



### **Lincoln Hills Cares**

\$123,750 over 1 year for a yearly cohort of high-risk, low-income, and youth of color with supports that are wellness-based and supported, trauma-informed, and led by trusted community organizations in order to build resiliency, improve mental health, and reduce substance misuse.

Intended Impact Goals:

- Reduce substance misuse (including maintained healthy relationship with substances)
- Improve or maintain mental health (including reduced harm to self and others)



### Maria Droste Counseling Center

\$685,463 over 3 years for the Children First program to expand and enhance in-school mental health support to children and youth at 17 Denver schools.

Intended Impact Goals:

- Improve or maintain mental health (including reduced harm to self and others)
- Increase equity in mental health and substance misuse outcomes



### Movement 5280

\$177,250 over 3 years to serve homeless youth who have aged out of foster care and other at-risk young people as they transition to adulthood. This project will continue providing "right now" mental health counseling and arts programming to these young people.

Intended Impact Goals:

- Reduce substance misuse (including maintained healthy relationship with substances)
- Improve or maintain mental health (including reduced harm to self and others)



### **Movimiento Poder**

\$344,611 over 2 years to address the need to support low-income Latinx youth with the mental health, resilience, and related skills to enable them to effectively cope with the challenges of economic, social, and cultural inequality.

Intended Impact Goals:

### My Skin Global (fiscal sponsor AYA Foundation)

\$181,166 over 1 year to pilot a school-based social-emotional health curriculum that addresses mental health and substance misuse, implicit bias, colorism, and racism with trauma supports for BiPOC youth to improve healthy coping skills, mental health, and positive self-esteem.

Intended Impact Goals:

• Improve or maintain mental health (including reduced harm to self and others)

### My Skin Global (fiscal sponsor AYA Foundation)

\$5,000 over 1 year to pilot a school-based social-emotional health curriculum that addresses mental health and substance misuse, implicit bias, colorism, and racism with trauma supports for BiPOC youth. This grant was awarded by students participating in the YouthRoots program with Caring for Denver Foundation.

Intended Impact Goals:

• Improve or maintain mental health (including reduced harm to self and others)

### National Asian American Pacific Islander Mental Health Association

\$256,125 over 2 years for Friends DO Make A Difference, strengthening the mental health and wellness of Asian American/Pacific Islander youth and parents.

Intended Impact Goals:

• Improve or maintain mental health (including reduced harm to self and others)



### RedLine

\$183,240 over 3 years to connect Youth Art Mentoring program students and EPIC Arts program students from under-resourced schools in Denver with an art therapist and wellness professional to encourage creative self-expression, enhance social-emotional learning, and improve mental health.

Intended Impact Goals:

• Improve or maintain mental health (including reduced harm to self and others)



### Rise Above Colorado

\$159,567 over 1 year to support an initiative conceived by Denver youth to help them prepare for life after high school through skill-building and enhancing protective factors that support improved behavioral health outcomes. This is a collaboration between Denver Health, Denver Public Schools, and Rise Above Colorado.

Intended Impact Goals:

• Reduce substance misuse (including maintained healthy relationship with substances)

### **The ROCK Center**

\$147,870 over 1 year to provide a comprehensive social-emotional learning curriculum and practices for students, parents, and school staff at Joe Shoemaker Elementary School in Southeast Denver in alignment with identified needs of the community.

Intended Impact Goals:

• Improve or maintain mental health (including reduced harm to self and others)



### Savio

\$186,025 over 2 years to expand the organization's use of Trauma Systems Therapy to support Denver families. The intensive home visitation model will be provided to traumatized children ages 4-18.

Intended Impact Goals:

• Improve or maintain mental health (including reduced harm to self and others)



### Servicios de La Raza

\$612,105 over 3 years to provide culturally responsive mental health and substance misuse services including psycho-education, early intervention, case management, and treatment services for Latino/Latinx youth ages 11-26.

Intended Impact Goals:

• Improve or maintain mental health (including reduced harm to self and others)



### Star Girlz Empowerment Inc.

\$358,400 over 2 years to provide psycho-social education and treatment to African-American and Latino/a adolescent youth and their families, helping high-risk youth address issues such as anger, anxiety, grief, trauma, substance misuse, and bullying.

Intended Impact Goals:

• Improve or maintain mental health (including reduced harm to self and others)



### **Tennyson Center for Children**

\$377,511 over 2 years to provide on-site and community-based, integrated substance treatment programming for youth who will be able to concurrently access mental health and treatment services under one roof.

Intended Impact Goals:

• Reduce substance misuse (including maintained healthy relationship with substances)



### **Thriving Families**

\$514,660 over 3 years for the WiseWellness program, supporting inclusive, supportive, two-generation mental health services for underserved and underrepresented pregnant/postpartum adults and teens.

**Intended Impact Goals:** 

- Improve or maintain mental health (including reduced harm to self and others)
- Increase equity in mental health and substance misuse outcomes



### **Tigray Community Center**

\$126,548 over 2 years for the Tigrayan Youth Mental Health Program, providing a healing space for Tigrayan youth to understand and work through their emotions and trauma; build strong relationships with themselves, their families and their community; and gain healthy coping mechanisms and resources.

Intended Impact Goals:

- Reduce substance misuse (including maintained healthy relationship with substances)
- Improve or maintain mental health (including reduced harm to self and others)



### University of Denver

\$492,914 over 3 years for the University of Denver's Family Support Clinic to provide support groups for caregivers of youth affected by severe and persistent mental illness to promote psychological well-being and caregiving effectiveness.

Intended Impact Goals:

• Improve or maintain mental health (including reduced harm to self and others)



### **Upstream Education Inc.**

\$184,613 over 2 years to expand this organization's Tier 1 Mental Health and Social Emotional Learning program to Denver schools for the 2023-24 and 2024-25 academic years.

Intended Impact Goals:

• Improve or maintain mental health (including reduced harm to self and others)



### Urban Peak

\$311,232 over 2 years to support newer staff positions who increase the on-site staff trainings, social-emotional services, clinical case management, and staff support that will help to fill service and treatment gaps as they arise.

Intended Impact Goals:

# VPAC

\$110,150 over 1 year to conduct weekly healing circles addressing the mental health needs of youth participating in their Rock da' Mic dance performances and for individual therapy support for youth expressing needs beyond the scope of the healing circles.

Intended Impact Goals:

- Reduce substance misuse (including maintained healthy relationship with substances)
- Improve or maintain mental health (including reduced harm to self and others)

### WellPower

\$928,264 over 3 years for the Phoenix Program at Emerson St. for Teens and Young Adults, serving youth ages 15-26 who are experiencing first or early episode psychosis. The program provides wrap-around care, instills hope, increases positive community engagement, and manages psychosis symptoms.

Intended Impact Goals:

• Improve or maintain mental health (including reduced harm to self and others)

### Words To Power

\$85,500 over 2 years to strengthen youth's awareness and use of culturally relevant coping strategies and reduce feelings of isolation through poetry workshops and open mic events in schools comprised of more than 85% Indigenous ("American Indian" and "Hispanic") students.

Intended Impact Goals:

• Improve or maintain mental health (including reduced harm to self and others)



### Words To Power

\$5,000 over 1 year to strengthen youth's awareness and use of culturally relevant coping strategies and reduce feelings of isolation through poetry workshops and open mic events in schools. This grant was awarded by students participating in the YouthRoots program with Caring for Denver Foundation.

Intended Impact Goals:

• Improve or maintain mental health (including reduced harm to self and others)



### Young People in Recovery

\$207,600 over 2 years to offer a series of trauma-informed group therapy sessions that take into account the key developmental needs of adolescents that help shape healthy youth and prevent substance misuse and other mental health concerns.

Intended Impact Goals:

# RESPONSIVE/INNOVATIVE



### Adam's Purpose (fiscal sponsor The Hadanou Collective)

\$344,398 over 2 years to provide mental health support for bereaved moms of color, educate communities of color on effective ways to cope with grief and mourning, and destigmatize mental health.

Intended Impact Goals:

• Improve or maintain mental health (including reduced harm to self and others)



### **Caring for Denver Foundation**

\$20,000 over 1 year to support grantees by providing capacity to develop stories that allow them to increase awareness of their work around mental health and substance misuse.

Intended Impact Goals:

• Increase equity in mental health and substance misuse outcomes



### **Caring for Denver Foundation**

\$508,538 over 2 years for ResultsLab to provide training and support for up to 70 Caring for Denver Foundation grantees to build capacity in collecting and using data for sustainability via three pathways: one-on-one technical assistance, a cohort training program, and peer-led learning workshops.

Intended Impact Goals:

• Increase equity in mental health and substance misuse outcomes



### **Caring for Denver Foundation**

\$50,000 over 1 year to elevate recovery stories in partnership with Max Media Denver through broadcast audio, digital media, video podcasts, and live events to expand out-reach, initiate access to care, and destigmatize substance abuse and mental health care.

Intended Impact Goals:

• Increase equity in mental health and substance misuse outcomes



### **Caring for Denver Foundation**

\$100,393 over 1 year for evaluation of TRUST, a new project to support care transitions for students at risk of suicide and to address traumatic events at schools within Denver Public Schools. This will support project implementation, monitoring, and assessment to inform project improvements and potential expansion.

Intended Impact Goals:

- Reduce substance misuse (including maintained healthy relationship with substances)
- Improve or maintain mental health (including reduced harm to self and others)
- Increase equity in mental health and substance misuse outcomes



### **Centro Humanitario**

\$365,500 over 2 years for the creation of The Newcomers Integration Program to provide case management, trauma, and wellness supports to newcomer immigrants in Denver to increase stability, address trauma and mental health challenges, and reduce isolation.

Intended Impact Goals:

• Improve or maintain mental health (including reduced harm to self and others)



### **Crisis Text Line**

\$326,257 over 1 year to strengthen empathy and resiliency among Denver's youth by creating and marketing a co-branded text line, conversational insights, practicum placement for students earning a master's degree in mental health fields, and trainings for the community and volunteers.

**Intended Impact Goals:** 

• Improve or maintain mental health (including reduced harm to self and others)



### Denver Civic Ventures

\$347,562 over 2 years for outreach to vulnerable populations and case coordination with treatment and services for those contacted within the Downtown Denver Business Improvement District.

Intended Impact Goals:

- Reduce substance misuse (including maintained healthy relationship with substances)
- Improve or maintain mental health (including reduced harm to self and others)



### **Denver Health Foundation**

\$1,722,813 over 2 years for Denver Health's school-based health centers to provide critical services to Denver youth to address the youth mental health crisis. A Crisis Intervention Team will respond to mental health needs from school personnel, hospital emergency rooms, and inpatient treatment within 24 hours.

Intended Impact Goals:

- Reduce substance misuse (including maintained healthy relationship with substances)
- Improve or maintain mental health (including reduced harm to self and others)



### The Don't Look Back Center

\$45,243 over 1 year to better support clients with co-occurring issues, this organization will increase mental health and wellness offerings through incentivized Mental Health First Aid and wellness days fostering the eight dimensions of wellness among participants.

Intended Impact Goals:

- Reduce substance misuse (including maintained healthy relationship with substances)
- Improve or maintain mental health (including reduced harm to self and others)
- Increase equity in mental health and substance misuse outcomes
- Reduce recidivism into the criminal legal system for those experiencing mental health and substance misuse challenges

## Elements of Discovery - Therapist of Color Collaborative (fiscal sponsor Front Range Area Health Education Center)

\$847,563 over 1.5 years to create a sustainable and replicable model of providing culturally inclusive mental health and substance misuse services to underserved youth and their families.

**Intended Impact Goals:** 

- Reduce substance misuse (including maintained healthy relationship with substances)
- Improve or maintain mental health (including reduced harm to self and others)



### The Hadanou Collective

\$552,500 over 2 years to provide capacity building and organizational development support to 20 Caring for Denver Foundation grantees. This support will be customized to the organization's individual needs in the areas of strategic clarity, fundraising, impact evaluation, and others.

### Intended Impact Goals:

• Increase equity in mental health and substance misuse outcomes

### Khesed

\$50,000 over 1 year for subject-matter-expert therapists to provide therapy to Regis University students impacted by the death by suicide of a peer.

### Intended Impact Goals:

• Improve or maintain mental health (including reduced harm to self and others)



### La Cocina

\$180,370 over 1.5 years to support Cultura Cura Belly, a Latine program integrating bilingual (Spanish-English) art-based, culturally affirming mental health services that serve as recovery and healing support for Latine birthing persons recovering from the impacts of trauma and antenatal/postnatal substance misuse.

Intended Impact Goals:

- Reduce substance misuse (including maintained healthy relationship with substances)
- Improve or maintain mental health (including reduced harm to self and others)



\$502,500 over 2 years to provide technical assistance and customized support to eight Caring for Denver Foundation grantees who represent and serve under-resourced communities to build their organizational capacity--including infrastructure and data management--for successful program implementation and sustainability.

Intended Impact Goals:

- Reduce entry into the criminal legal system for those experiencing mental health and substance misuse challenges
- Reduce recidivism into the criminal legal system for those experiencing mental health and substance misuse challenges



### PBS12

\$50,000 over 1 year for an episode of Decode Colorado examining homelessness in Denver, featuring interviews with leaders, nonprofit organizations, and individuals experiencing homelessness. This documentary series takes an intimate look at national and global issues as experienced by those within local communities.

Intended Impact Goals:

• Increase equity in mental health and substance misuse outcomes

### PBS12

\$327,100 over 1 year for the I Am More Than... broadcasted docuseries that explores the stories of individuals who carry titles in society through the unique lens of mental health. By peeling back the layers, the series aims to create understanding and connection to an individual beyond their title.

Intended Impact Goals:

• Improve or maintain mental health (including reduced harm to self and others)



### **Struggle of Love Foundation**

\$325,846 over 2 years to expand the integration of mental health resources in this organization's programming, and to increase access to formal and informal mental health supports.

**Intended Impact Goals:** 

- Reduce substance misuse (including maintained healthy relationship with substances)
- Improve or maintain mental health (including reduced harm to self and others)

### **Urban Institute**

\$76,366 over 1 year to implement a series of in-depth interviews with Housing to Health pilot program participants to better understand mental health and substance misuse experiences, identify strengths and gaps, and provide systems level insights into the program's influence on and connection to behavioral health.

Intended Impact Goals:

- Reduce substance misuse (including maintained healthy relationship with substances)
- Improve or maintain mental health (including reduced harm to self and others)



# Vocal Coalition Youth Choirs (fiscal sponsor The Hadanou Collective)

\$24,620 over 1 year for the organization's staff and youth leaders to acquire the additional professional expertise they need in order to successfully apply a trauma-informed lens to youth programming, curricula, and communications.

Intended Impact Goals:

# YouthRoots

\$49,500 over 1 year to facilitate the Caring for Denver Youth Council, a youth group that supports Caring for Denver Foundation during the youth funding cycle to provide insight into proposals and make grant recommendations. And, to elevate youth voice on community issues and solutions through The YouthScan Project.

Intended Impact Goals:

- Improve or maintain mental health (including reduced harm to self and others)
- Increase equity in mental health and substance misuse outcomes



@caring4denver

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