



## Youth 2021 Grants

As of April 20, 2021, Caring for Denver Foundation approved 51 grants totaling nearly \$11 million to community-based nonprofit organizations.

### **Adoption Options** - Fostering Healthy Futures

Fostering Healthy Futures for pre-teens is a mentoring and skills training program for 9-to-11-year-old youth who have been placed out of the home due to child welfare involvement. This evidence-based program addresses the social emotional and coping needs of children.

[adoption-options.com](http://adoption-options.com)

### **Apprentice of Peace Youth Organization** - Value of Life Campaign

To support youth of Denver by creating spaces to address mental health through the Value Of Life campaign led by Apprentice of Peace Youth Organization's Youth Advisory Council as well as creating opportunities for leadership and character development.

[aopyo.org](http://aopyo.org)

### **Art from Ashes** - Art from Ashes Creative Empowerment Programs

Art from Ashes' creative programs provide a safe, non-judgmental space with caring adults and community artists for youth to share their dreams, hopes, fears and pain, as well as the opportunity to connect with their community, and transform their stories from trauma to self-empowerment.

[artfromashes.org](http://artfromashes.org)

### **Boys & Girls Clubs Metro Denver** - Mental Health Services for Denver Club Members

Funding will help provide accessible, community-based counseling, case management, peer-guided groups, and basic aid to Denver Club members. It will also build the organization's capacity to evaluate, improve, and expand the program to more Denver youth in the years ahead.

[bgcmd.org](http://bgcmd.org)

### **Casa Milagro Youth Solutions** - Rehearsing for Life

For youth to engage in projecting their voices in a virtual or live interactive platform to address drug misuse and mental health challenges impacting their lives. Youth will be able to apply constructive options as they gain understanding and healing.

[casamilagroyouthsolutions.org](http://casamilagroyouthsolutions.org)

### **Centus Counseling, Consulting & Education** - School-Based Mental Health Counseling

For the provision of clinical supervision and school liaisons, art therapy groups, and additional hours and/or increased services related to school-based mental health counseling in five schools.

[centus.org](http://centus.org)

### **Children's Hospital Colorado Foundation** - Children's Hospital Mental Health Youth Action Board: Taking the Conversation and Action to Denver Public Schools

Children's Hospital Colorado's Mental Health Youth Action Board is moving from research to action to build the capacity of youth by engaging their school communities in addressing barriers and facilitators to mental health services and supports.

[childrenscoloradofoundation.org](http://childrenscoloradofoundation.org)

### **Clayton Early Learning** - Trauma-Informed Practice

Clayton Early Learning will engage an outside consultant to help evaluate its current trauma-informed practices and help them develop a robust program to identify, support and evaluate appropriate supports and interventions to effectively help Clayton staff, and the children and families they serve.

[claytonearlylearning.org](http://claytonearlylearning.org)

**Commún** - Mental Health IMPACT in SW Denver

Commún will expand mental health programming through additional capacity for therapy and case management, and to lead groups around community-informed mental health topics and mental health wellness activities. This organization builds community resilience through relationships that build a sense of belonging.

[commundenver.org](http://commundenver.org)

**Creative Strategies for Change** - ACT Youth Leadership Institute

The ACT Youth Leadership Institute will address mental health challenges and stigma facing the young residents of Denver, especially the most marginalized among the City of Denver, by utilizing a collaboration between the organization's innovative CSC3 Model and the Check Your Head curriculum.

[creativestrategiesforchange.com](http://creativestrategiesforchange.com)

**Denver Children's Home** - Intensive In-Home Therapy Model

By implementing a co-therapy model of practice, the organization will increase access to its Intensive In-Home program. This caregiver-focused model will work with the adults in the youths' lives to provide caregivers with the skills they need to manage and support the youth's mental health challenges.

[denverchildrenshome.org](http://denverchildrenshome.org)

**Denver Health Foundation** - Multi-Generational Infant Mental Health for the Prevention of Substance Use Disorders

This project will establish a position specializing in infant mental health to ensure every child born at Denver Health has a strong mental health start by addressing early social-emotional, relational, and clinical determinants of attachment and infant prior to and after birth.

[denverhealthfoundation.org](http://denverhealthfoundation.org)

**Denver Rescue Mission** - STAR Youth Program - Resilience, Mental Health & Family Support

The STAR Youth Program helps children heal from the effects of homelessness, improve in school & develop respect for others/self. The grant will fund youth and family counselors who will help them one-on-one and in groups, addressing mental health issues and developing healthy boundaries.

[denverrescuemission.org](http://denverrescuemission.org)

**Denver's Early Childhood Council** - Strengthening Ally Partnerships in Early Childhood

For training and a Community of Practice in the Brazelton Touchpoints Family Engagement Model (a trauma-informed model) for staff at Denver's Early Childhood Council. The Council will then provide coaching and training to child care providers to improve family partnerships.

[denverearlychildhood.org](http://denverearlychildhood.org)

**Developmental FX** - Supportive Web of Care for Families and Teams (SWIFT)

This project serves children impacted by mental health issues, developmental delays, and economic inequities by connecting underserved families with a system of responsive and transformative care provided within their trusted community.

[developmentalfx.org](http://developmentalfx.org)

**Dream Center Denver** - Adopt A Block

Funding to build out mental health capacity through a clinical director position to meet unmet mental health needs of the Denver community.

[denverdreamcenter.org](http://denverdreamcenter.org)

**From the Heart Enterprises** - Youth Wellness And Recovery

To provide two youth Wellness Recovery Action Plan Train The Trainer Facilitator Certification Workshops per quarter along with four six-week Wellness Recovery Action Plan participant workshops both virtual and in-person to support youth resilience and improved mental health.

[fromtheheartent.com](http://fromtheheartent.com)

**Girls Athletic Leadership Schools Denver** - GALS Denver Mental Health, Equity & Inclusion, and Families Program

To provide needed support to middle and high school students, and their families to meet mental health needs, focusing on organizational equity work with mental health services that place an intentional focus on substance abuse prevention and increasing post-secondary planning.

[galsdenver.org](http://galsdenver.org)

**Girls Inc. of Metro Denver** - Whole-Girl Healthy Minds and Resiliency Programming

The Whole-Girl Healthy Minds and Resiliency Programming is a combination of current programming and a girl-informed expansion of programming that will ensure girls can access the mental health, trauma, and substance misuse supports they need.

[girlsincdenver.org](http://girlsincdenver.org)

**Jewish Family Service of Colorado** - KidSuccess Mental Health Supports for Youth

Jewish Family Service of Colorado provides Denver youth with comprehensive mental health counseling and supportive services through the KidSuccess program, which is in 12 Denver schools. These programs are designed to build resilience, coping skills, and improve mental health.

[jewishfamilyservice.org](http://jewishfamilyservice.org)

**Judi's House/JAG Institute** - Grief Workshops for Denver Youth and Caregivers

Judi's House will deliver school-based grief workshops tailored to developmental levels of youth in grades 1-12, as well as workshops for adults caring for a grieving child. Workshops foster holistic support around a child experiencing loss and prevent long-term negative behavioral health outcomes.

[judishouse.org](http://judishouse.org)

**Khesed** - Denver Youth Pro Bono Program

Khesed Wellness will implement a Youth Pro Bono Program, offering 720 pro bono mental health therapy sessions to 144 youth ages 13-18 at five sessions per participant, who will then have the option of continued long-term support through an ongoing pro bono support group or another existing program.

[khesedwellness.com](http://khesedwellness.com)

**Launch Network** - Greater Than One Collective

The Greater than One Collective, a partnership that coordinates and provides wrap-around, culturally competent, multigenerational mental health support for elementary students and their families in Northeast Park Hill.

[launchnetwork.org](http://launchnetwork.org)

**Lincoln Hills Cares** - HEAL Nature and Arts in Action

HEAL Nature Arts in Action is a collaboration that provides comprehensive resiliency programming for Denver's Youth. Leveraging the strength of five organizations, youth will be surrounded by art education, trauma counseling, peer support, and active lifestyle opportunities.

[lincolnhillscares.org](http://lincolnhillscares.org)

**Lutheran Family Services Rocky Mountains** - Acing Health Futures (AHF)

To engage youth ages 9-11 who have experienced at least one adverse experience to reduce trauma-related behaviors and promote healthy development. This 30-week program offers one-on-one mentoring and group skill building using a positive youth development approach in partnership with Kempe Center.

[lfsrm.org](http://lfsrm.org)

**Make A Chess Move**

Make a Chess Move disrupts the school to prison pipeline by developing tenacious learners, compassionate leaders, and ethically driven critical thinkers. Through the game of chess, the research-based curriculum identifies and targets positive youth protective factors and improves mental health.

[facebook.com/MACM303](https://facebook.com/MACM303)

**Mental Health Center of Denver - STAY SAFE Crisis Clinic**

For a youth and adolescent-focused crisis clinic to address the increasing needs of youth in Denver who are at a higher risk for death by suicide or suicidal ideation.

[mhcd.org](http://mhcd.org)

**Mile High 360 - Mental Health 360**

This project will create a peer training model for older students with lived experience to work with other students to help them navigate pressures, stresses, and other mental health needs. The project will also provide professional development focusing on mental health for students from 11- 24.

[milehigh360.org](http://milehigh360.org)

**Muslim Youth for Positive Impact - MYPI Mental Wellness Program**

The Muslim Youth for Positive Impact Mental Wellness Program plans to become the most accessible and trusted network for youth mental health in the Muslim community by combatting stigma, building trust, and introducing the right kind of mental health services.

[MYPI.org](http://MYPI.org)

**Project PAVE - Healthier Youth Building Healthy Relationships**

Project PAVE will provide intervention services including trauma-informed, culturally responsive therapy, psychoeducational group support, advocacy, and service coordination to Denver youth who are survivors of violence, trauma, or in need of mental health support.

[projectpave.org](http://projectpave.org)

**Project VOYCE - Youth Centering Community Healing & Resilience**

Project VOYCE will increase the capacity of staff and youth leaders to support the mental health and resilience of low-income, and BIPOC youth and communities. The organization's program will be refreshed and revised to include culturally relevant and trauma-informed approaches to holistic healing and wellness.

[projectvoyce.org](http://projectvoyce.org)

**Queer Asterisk - Denver QTBIPOC Youth Intensive Outpatient Program**

The Intensive Outpatient Program treats Denver LGBTQ+ youth and youth of color experiencing urgent mental health challenges and substance misuse impacts during a time of great environmental stress and risk, providing stability in an affirming environment and meaningful intervention at crisis points.

[queerasterisk.com](http://queerasterisk.com)

**Rise Above Colorado - #LeadTheChange Denver Teen Action Council civic engagement initiative**

Rise Above Colorado and its local partners—Denver Public Schools and Denver Public Health—will leverage existing prevention infrastructure and youth leadership groups to create the Denver Teen Action Council as a vehicle to launch youth-led behavioral health promotion projects across the City of Denver.

[riseaboveco.org](http://riseaboveco.org)

**Riseup Community School - RiseUp Connections**

RiseUp Community School will partner with local youth-centered therapists to offer student-lead groups to increase the accessibility of therapeutic services. The programs will be focused on preventative practices in order to promote lifelong well-being.

[riseupcommunityschool.net](http://riseupcommunityschool.net)

**The ROCK Center - Community Connections Wellness Program at Joel Shoemaker Elementary**

This project will provide a comprehensive social/emotional learning curriculum for students, parents, and school staff at Joel Shoemaker Elementary School in Southeast Denver. The project will incorporate two highly successful programs to use arts-integrated activities to improve mental wellbeing.

[therockcenter.org](http://therockcenter.org)

**Rocky Mountain Immigrant Advocacy Network** - Denver Youth Integrated Mental Health Assistance Project

This project will expand the Rocky Mountain Immigrant Advocacy Network's Social Service Project to address the mental health needs of Denver youth who are the organization's immigration legal services clients. An social worker will hold regular therapeutic conversations and connect them to mental health treatment.

[rmian.org](http://rmian.org)

**Saint Joseph Hospital Foundation** - Maternal Mental Health Continuum

Saint Joseph Hospital will expand its Maternal Mental Health Continuum to the outpatient lactation setting and in the Neonatal Intensive Care Unit; pilot a model for universal substance misuse screening; and expand integrated behavioral health services to engage and support non-birth parents.

[sclhealth.org/locations/saint-joseph-hospital](http://sclhealth.org/locations/saint-joseph-hospital)

**Second Wind Fund** - Providing expedited access to cost-free therapy to youth at risk for suicide

Second Wind Fund provides expedited access to therapy for youth—19 years and younger—who are at risk for suicide and face a financial or social barrier to receiving potentially life-saving mental health treatment. Youth are connected with highly qualified, licensed and specialized therapists.

[thesecondwindfund.org](http://thesecondwindfund.org)

**The Spring Institute** - Building Resilience among Newcomer Youth

The program will build resilience among newcomer youth, enabling them to combat isolation and substance misuse, as well as make better decisions to improve their overall mental health. The program is designed to respond to needs expressed by immigrant and refugee youth and their parents.

[springinstitute.org](http://springinstitute.org)

**Star Girlz Empowerment** - Project SHINE

Project SHINE will provide psycho-social education and treatment to 180 African-American and Latino/a adolescent youth and their families, helping high-risk youth address issues such as anger, anxiety, grief, trauma, substance misuse, and bullying.

[stargirlzempower.org](http://stargirlzempower.org)

**STRIVE Prep** - Social-Emotional Learning at STRIVE Prep

By expanding mental health programming and enhancing staff training/capabilities, STRIVE Prep will help 3,500 K-12 students become social-emotional healthy youth who are able to regulate a range of emotions, cope with challenges and stresses in life, and learn positive help seeking behaviors.

[striveprep.org](http://striveprep.org)

**Struggle of Love Foundation** - Montbello CARING for Our Youth

The Montbello CARING For Our Youth project will be led by the Struggle of Love Foundation in collaboration with several community organizational partners. The purpose of the project is to address mental health and substance misuse issues among children and youth in the Greater Montbello community.

[struggleoflovefoundation.org](http://struggleoflovefoundation.org)

**Sun Valley Youth Center** - Enhancing Low-Income Youths' Resilience and Mental Well-Being

The Sun Valley Youth Center will provide art, equine, and outdoor therapy; trauma-practicing care; Adult Stress Reduction Groups; a Connection Hotline; and healthy coping skill instruction in order to enhance youth's coping skills, increase resiliency and optimize mental wellbeing.

[sunvalleyyouthcenter.org](http://sunvalleyyouthcenter.org)

**Tennyson Center for Children** - Community-Based Innovations for Youth and Families

This project will provide innovative, early mental health interventions to families and youth to address trauma, build resilience, curtail substance misuse, and help families learn how to best support their children to reduce the number of families and children becoming child-welfare-involved.

[tennysoncenter.org](http://tennysoncenter.org)

**Thriving Families** - Perinatal Mental Health Support for At-Risk Families

Thriving Families is an inclusive, supportive, two-generation community where children, parents, and families flourish. This funding will support the WiseWellness program, which offers mental health services for underserved and underrepresented pregnant/postpartum women and teens.

[thrivingfamiliescolorado.org](http://thrivingfamiliescolorado.org)

**Urban Peak** - Expanding Social-Emotional Wellness Supports

Implement an expanded mental health initiative that will meet youth where they are, use clinical therapeutic practices to help youth progress, and provide streamlined connections to other youth-serving mental health agencies in Denver so youth can easily connect to additional support.

[urbanpeak.org](http://urbanpeak.org)

**Vuela for Health** - Luz y Claridad

Luz y Claridad is a program that provides culturally responsive education and skill-building classes focused on youth and family mental health, developing mental health ambassadors, and staff assisting community with introductions and navigation to whole family mental health supports.

[vuelaforhealth.org](http://vuelaforhealth.org)

**Warren Village** - Warren Village Wellness Initiative Plus Program

Warren Village supports extremely low-income, single-parent-led families, many of whom have experienced domestic violence or other trauma. The grant funding will provide on-site mental health services through the Family Services Department at Warren Village.

[warrenvillage.org](http://warrenvillage.org)

**Women's Wilderness** - Outdoor G.I.R.L.S. (Girl Immigrant and Refugee Leadership Series)

Outdoor GIRLS is an adolescent mental health program designed for/with middle school girls who identify as immigrants/refugees/asylees. Through guided, outdoor engagements, girls connect to themselves, peers, caring adults, and mental health providers.

[womenswilderness.org](http://womenswilderness.org)

**Words To Power** - Our Words Are Powerful

Words To Power will publish, celebrate, and distribute "The Struggle Is Real," a book of poetry from underserved Denver youth, as part of poetry/spoken word workshops and events in schools that create opportunities for culturally-relevant creative expression, collective healing, and engagement.

[wordstopower.org](http://wordstopower.org)

**Youth On Record** - Music & Arts Mental Wellness Programming for Young Creatives

Through peer-to-peer podcasting, crisis intervention supports, and staff development, Youth on Record aims to increase youth mental wellness through access to culturally responsive and trauma-informed programming, and through increased access to same-race/same-identity trusted adult mentors.

[youthonrecord.org](http://youthonrecord.org)