

# Community-Centered Solutions 2020 Grants

As of December 21, 2020, Caring for Denver Foundation approved 26 grants totaling more than \$5.8 million to community-based nonprofit organizations.

## Benefits in Action - Benefits in Action Connectedness Program

Through the Connectedness Program, Benefits in Action will grow a community-centered approach to mental wellness for older adults. The program conducts weekly check-ins and peer-support groups to support socially isolated older adults. <u>benefitsinaction.org</u>

**The Center for African American Health** - Building Mental Health Equity In The Black Community The Center for African American Health in partnership with Elements of Discovery will implement a community-informed behavioral health program that supports increased access both physically and virtually to needed services.

<u>caahealth.org</u>

**Centro Humanitario** - Community Worker Care Program/Cuidado Laboral Comunitario Increase the organization's capacity to promote a culture of care that addresses acute challenges that immigrant and low-wage workers experience related to trauma, substance misuse, stress and other mental health issues.

centrohumanitario.org

## CHARG Resource Center - Consumer-Driven Services Supporting Recovery

CHARG Resource Center serves adults with serious mental illnesses in Denver using a consumer-driven, community-focused model to guide and provide services in support of lives in recovery. <u>charg.org</u>

#### Cleo Parker Robinson Dance - Dancing Diaries

Dancing Diaries is a multigenerational, creative embodiment program that will amplify the benefits of journaling by combining movement with reflection, introspection, and peer-to-peer exchange to improve mental wellness.

## <u>cleoparkerdance.org</u>

#### Colorado Artists in Recovery - Colorado Artists in Recovery

Colorado Artists in Recovery will a provide safe space for people seeking recovery support through peerled art, music, and creative expression opportunities. The program will nurture the creative spirit and build a sense of community rooted in the principles of recovery. <u>coloradoartistsinrecovery.org</u>

#### Colorado Gerontological Society - Telephone Buddies

Colorado Gerontological Society is focused on reducing isolation and depression in older adults through the use of a telephone buddy who reaches out to an older adult once or twice a week. They share time, bring a sense of purpose, and a human touch. senioranswers.org

## Colorado Village Collaborative - Tiny Home Village Wellness Program

Colorado Village Collaborative will integrate programming into services for previously unsheltered individuals by providing on-site access to peer supports/mentoring, group therapy including art therapy, and clinicians via telehealth services. coloradovillagecollaborative.org

## D3 Arts - Full Circle

Full Circle is an integrative recovery program designed to promote sobriety, well being, cultural grounding and creative rediscovery. Adults and youth will have a platform to recover their true selves. <u>d3arts.org</u>

## Denver Children's Advocacy Center - Promotoras Connecting in the Community

Denver Children's Advocacy Center will expand the promotoras model in collaboration with Re:Vision in the Westwood community. This resident-led approach employs and trains local resident leaders to cultivate relationships and create a community of support. <u>denvercac.org</u>

**Denver Public Library Friends Foundation** - Mental Health and Substance Misuse Support: Meeting People Where They Are with Denver Public Library

Support 8,400 people experiencing mental health and substance misuse challenges with mobile vehicles; technology for telehealth appointments; wellness programming; and partnership. <u>dplfriends.org</u>

## The Don't Look Back Center - Look Forward

Look Forward will professionalize and sustain the habilitation and outreach programs for women and transwomen who are exiting incarceration or getting off the streets. <u>thedontlookbackcenter.org</u>

**Envision: You** - Increasing Awareness and Availability of Affirming and Culturally Relevant Behavioral Health Services for LGBTQ+ Denver Residents

A city-wide campaign to encourage the LGBTQ+ community to seek support to address mental health and substance use concerns, while training for behavioral health clinicians will enhance the delivery of affirming, culturally relevant care.

envision-you.org

## The Gathering Place - TGP Peer Recovery Program

Expand peer navigation services to establish a trauma-informed Peer Recovery Program that supports women and transgender individuals who are experiencing poverty/homelessness and mental health, addiction and substance use/misuse.

## tgpdenver.org

La Cocina - Programa Cultura Cura Belly: dulas, arte y la cultura que cura a nuestra gente Cultura Cura Belly is a Latinx program integrating doula care, belly-casting art therapy, and bilingual (Spanish-English) narrative psychotherapy as recovery & healing support for Latinx pregnant womxn recovering from trauma and substance misuse. Lacocinahome.org

#### Mirror Image Arts - Restorative Theatre at Third Way Center

In partnership with Third Way Center, Mirror Image will facilitate a 32-week program that uses interactive theatre to build trust, self-awareness, and explore healthy relationships. mirrorimagearts.org

## Montbello Organizing Committee - MONTBELLO SOLUTIONS

The Montbello Mental Health Circle will provide culturally responsive community-based mental health services; develop supports for peer counselors and community mentors; and reduce stigma associated with accessing mental health support and services. montbelloorganizing.org

Platteforum - Innovative Distance Learning: Integrating Social-Emotional Wellness and the Arts

PlatteForum will deliver arts programming to teens from historically marginalized populations that incorporates social-emotional support and skill development. PlatteForum will collaborate with mental health experts to create programming content. platteforum.org

## Project Helping - Kynd Life

The Kynd Life program provides meaningful volunteer experiences designed to improve mental wellness and social connections, and is expanding capacity to serve Denver residents during the COVID-19 pandemic.

projecthelping.org

#### Sisters of Color United for Education - Promotoras present Art in Motion

Sisters of Color United for Education will create a series of culturally relevant modules for promotoras and partners in Westwood and Park Hill to increase protective factors to overcome systemic barriers and cycles of substance misuse and trauma.

# Sober AF Entertainment - Sober AF City

Sober AF City will cultivate a Denver recovery community of people who are not reached by traditional recovery programming. Sober AF will partner with recovery organizations to put on sober events utilizing peers.

soberafe.com

## The Storytellers Project - Breaking Chains Building Bonds Family Wellness Days

Provide opportunities for graduates of the Breaking Chains Building Bonds program for formerly incarcerated people and their families, to practice and make habit of self-care and healthy coping skills. <u>facebook.com/The-Storytellers-ProjectArts-Integrated-SocialEmotional-Learning-1617232431916277</u>

#### Su Teatro Cultural and Performing Arts Center - Drama v Trauma

Su Teatro will use theater and facilitated community dialogue to raise awareness and to provide support to people dealing with mental health challenges, substance misuse, and trauma. <u>suteatro.org</u>

**Think 360 Arts for Learning** - Creative Aging: Using Art to Increase Social Connection and Improve Mental Health

Think 360's Creative Aging program increases access to community-focused mental health supports for older adults through high-caliber arts engagement. The program inspires creativity, increases social connection and improves mental wellbeing. think360arts.org

#### ViVe - Vive con Bienestar

Vive con Bienestar is a program that addresses Latino mental health through the balance between emotional, physical and social wellness. Our innovative program upholds cultural beliefs and traditions from the community that raised us.

<u>vivewellness.org</u>

## Youth Seen - Peer-Led Support Groups

Youth Seen Peer-Led Support Groups will provide increased access to peer led mental health and sobriety support groups for the QTBIPoC/LGBTQ+ community. <u>youthseen.org</u>